

Children's Literature Reviews

Item 28 of 130

It's easy being green : a handbook for earth-friendly living

Crissy Trask ; illustrations by Mike Clelland.

[Publisher description](#)

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[Table of contents only](#)

Salt Lake City : Gibbs Smith, c2006.

168 p. : ill. ; 19 cm.

Annotations:

Includes bibliographical references (p. 162-163) and index.

Green living myths -- Making a difference -- Eco-tips for living greener -- Buying green -- Green shopping online -- Getting involved -- Resources to help the earth.

Reviews:

Gwynne Spencer (Children's Literature)

We take it for granted that people know how to be “green” nowadays, but as Trask says, that “ain’t necessarily so.” Perhaps we need to reconsider the assumption that children and adults know how to conserve energy, shop earth-wisely, and buy sustainably. The focus of this book is on giving the reader quick and easy ways to participate in living sustainably without asking them to accept great personal sacrifice. For each of the hundreds of earth-friendly actions, three levels of participation are defined. There are ways to get involved, as well as tips for green shopping, driving less, consuming less, eating less meat, buying less, and living better. The day-to-day hands-on tips could easily help readers save energy, conserve water, reduce their use of toxics of all kinds, reduce waste, buy recycled, avoid plastic, and save on wood consumption. Echoing Al Gore and others, the author sounds the alarm on recycling, sharing facts and figures of unprecedented land and resource misuse by Americans. The sheer bulk of facts about water pollution, unhealthy air, and alternative earth-kind solutions provides motivation; the book provides practical ways to do it. The author’s website (www.greenmatters.com) suggests even more ideas and supportive actions that readers can adopt. This book is printed on recycled paper. 2006, Gibbs Smith, \$12.95. Ages 12 to adult.

Subjects:

[Environmental protection--Citizen participation.](#)

[Environmentalism.](#)

[Organic living.](#)

[Sustainable living.](#)

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